

Spotlight on Safety

Why Use a Backpack Vacuum?



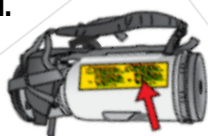
Two studies conducted by Ohio State University and Battelle Memorial Institute found considerable advantages of the backpack style vacuum when compared to the traditional upright vacuum. The backpack style vacuum reduces overall body stress by limiting repetitive motions, allowing the user to move in a natural walking motion, and reducing the amount of bending and "hunching over" that is associated with upright vacuums. This means that you feel less tired and are less likely to have an injury when using a backpack vacuum.



General Safety Information

Read the Label on the side of the vacuum.

Includes important safety information about operating the equipment.



Do not use a vacuum with a frayed, worn or damaged cord. Inspect daily for defects to rubber coating, exposed wires, and missing ground faults.



Do not vacuum liquids, or wet surfaces. Do not expose to rain or water. Do not use the vacuum outdoors or on wet surfaces (such as floor mats) indoors.

Adjusting the Fit of a Backpack Vacuum

Backpack vacuums are designed to distribute the weight of the vacuum on the user's hips. This means that you should not feel pressure on your back or shoulders.

1. Loosen the shoulder straps and the waist belt. Lift the vacuum and slide your arms through the straps.
2. Connect the waist strap.
3. Tighten the waist belt until it is comfortable and you feel the weight of the vacuum on your hips.
4. Adjust the shoulder straps until the vacuum is in a vertical position, parallel to your back.
5. Connect the chest strap, making sure that it fits comfortably, and is at least 2 inches from your neck.



Extension Cord Safety

The extension cord is used to deliver electrical energy to the vacuum. To reduce the possibility of electric shock, employees should treat the vacuum and extension cord with extreme caution. Please use only the extension cords provided by ESS. Also, please remember to turn off the power to the vacuum before unplugging the extension cord. Do NOT yank the cord to unplug it, unplug the cord at the outlet.

The Importance of Routine Maintenance

In order to keep the vacuum working properly and safely, the equipment should be maintained on a regular schedule.

Inspect Daily. Before using your backpack vacuum, carefully check the condition of the vacuum, filters, extension cords, and straps. Do not use a vacuum that needs repair. Instead, contact your manager for a replacement.

Replace Disposable Filter Bag. ESS recommends that disposable filter bags are replaced when it is about 2/3 of the way full. This will prevent the build-up of pressure that could cause a short in the vacuum.

Clean Reusable Filters with Plain Water.

The frequency of cleaning filters will depend on the facility that you clean. As a general rule, plan on cleaning your filters at least once per month.

Replace Extension Cords. Extension cords should be free from defects. Do not use an extension cord that has exposed wires. Do not attempt to repair your own extension cords. Always use the extension cord provided by ESS in order to ensure that the voltage is appropriate for the equipment.



\$118 was donated to the Northeast Community Fund for completed safety quizzes in August!



For every completed safety quiz in September, ESS will donate \$1 to the Danville V.A. Hospital located in Danville, IL.



**Each month, 5 winners
get to choose a \$25 gift card to
either a restaurant, gas
station or Wal-Mart,
or choose certain ESS Apparel.**



MONTHLY WINNERS

Lynn Williams
Robbie Duffie
Rex Roberts
Efrain Gaspar
James Kulo

JACKPOT PRIZES

We will have 8 Jackpot winners this year!
Winners will get to choose from a list of prizes such as electronics, furniture, etc. worth \$400 - \$600!

CUBranch

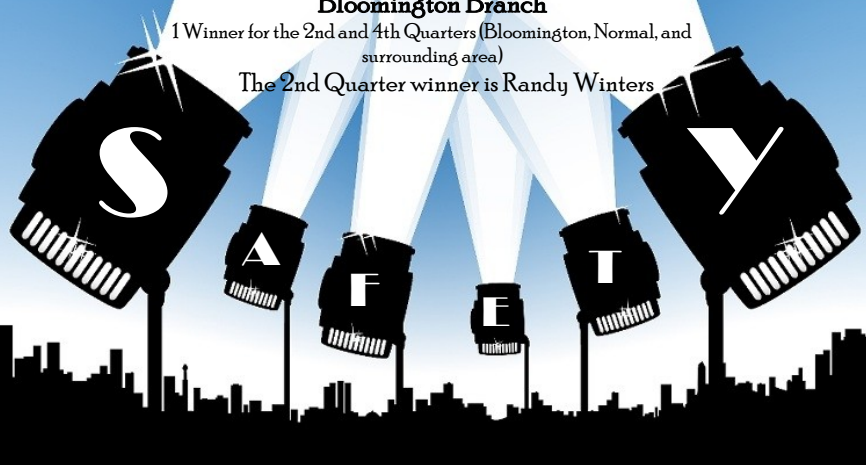
1 Winner Each Quarter (includes Champaign, Urbana, and Decatur)
The 1st quarter winner is Tanner McCollam.
The 2nd quarter winner is Steve Varner
The 3rd quarter winner is Tracy Cooper

Effingham Branch

1 Winner for the 2nd and 4th Quarters (includes Effingham, Mattoon, Assumption, and surrounding area)
The 2nd Quarter Winner is Theresa Haywood

Bloomington Branch

1 Winner for the 2nd and 4th Quarters (Bloomington, Normal, and surrounding area)
The 2nd Quarter winner is Randy Winters



SAFETY QUIZ

HOW TO SUBMIT SAFETY QUIZZES:

OPTION 1

Complete online by following this link:
<http://essclean.com/page/safety-incentive>.

OPTION 2

Bring it into the office or put in our outside drop box.

OPTION 3

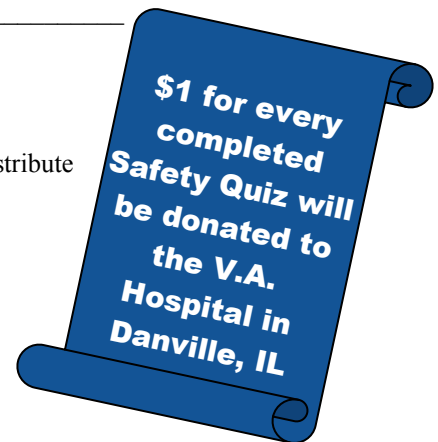
Mail it in.

****DEADLINE**
09/30/13**

ESS Clean, Inc.
Attention: Stephanie
P.O. Box 17067
Urbana, IL 61803

Name _____ Employee # _____

1. Do not use a vacuum with a _____, _____, or _____ cord.
2. True or False: (circle one): Backpack vacuums are designed to distribute the weight of the vacuum on the users knees.
3. The following are all examples of routine maintenance except
 - a) Inspect daily
 - b) Take apart the motor and wipe clean
 - c) Replace extension cords
 - d) Clean reusable filters
4. Do not vacuum _____, or _____.
5. True or False: (circle one): Extension cords with exposed wires should not be used.
6. The following are all ways the backpack style vacuum reduces overall body stress except:
 - a) massaging the back while you vacuum
 - b) limiting repetitive motions
 - c) allowing the user to move in a natural walking motion
 - d) reducing the amount of bending and "hunching over" that is associated with upright vacuums.



If we can reach 65% participation for the 4th quarter we will draw one lucky winner to take the night off with pay, while Paul cleans your account!!!