

Winter Preparedness

The winter season is nearly upon us! During this time of year, the weather can pose many safety risks, both at home and in the workplace.

Be Prepared: Stay informed by watching the local weather. Know what type of environmental conditions to expect like "freezing rain, sleet, snow, ice or below freezing temps."

Ice and Snow on Walkways: To avoid slipping on ice or snow, sprinkle ice melt/salt (provided at every account) on sidewalks and/or any path you commonly take to and from your car and near the dumpsters.

If your account does not have ice melt/salt - let your manager know immediately!



Watch Out for Wet Floors: Unfortunately, the outdoors does not always stay outside. Pay extra attention to entrances and high traffic areas in your building during the winter months. Patrons will bring snow, ice and even salt in on their shoes which creates puddles, wet and slick floors. This can be dangerous so be sure to place caution signs in these areas.



Avoiding Illness: Cold weather is also a time for illnesses such as the common cold and influenza. To safeguard against these airborne pathogens, there are a few simple rules to follow:

- Wash your hands frequently.
- Avoid touching your face.
- Disinfect surfaces regularly.
- Boost your immune system with a healthy diet and regular exercise.

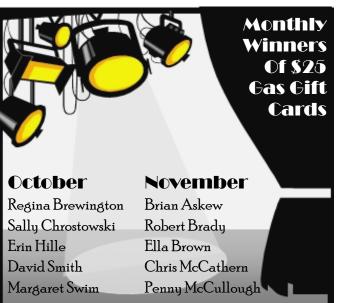
Winter Driving Safety: Whether you drive a company vehicle or not, please keep in mind that winter weather causes many unsafe driving conditions. Allow extra time to get to and from work. Icy or snow covered roads and impaired visibility from blowing snow will affect the speed you can go. Drive defensively so you can avoid an accident when another driver loses control.



ICE CLEATS

If you often walk on ice to and from the dumpster or your car, request a pair of cleats from your manager.







JACKPOT PRIZES We will have 8 Jackpot winners this year! Winners will get to choose from a list of prizes such as electronics, furniture, etc. worth \$400 - \$600! CU Branch 1 Winner Each Quarter (includes Champaign/Urbana, Decatur/Springfield area) The 1st quarter winner will be drawn March 5th. Effingham Branch 1 Winner for the 2nd and 4th Quarters (includes Effingham/Mattoon, Assumption and surrounding area) Bloomington Branch 1 Winner for the 2nd and 4th Quarters (Bloomington/Normal and surrounding area)

SAFETY QUIZ

HOW TO SUBMIT SAFETY QUIZZES:

OPTION 1

Complete online by following this link: http://essclean.com/page/ safety-incentive

OPTION 2

Bring it into the office or put in our outside drop box.

OPTION 3 Mail it in.

DEADLINE
12/31/12

ESS Clean, Inc. Attention: Anne P.O. Box 17067 Urbana, IL 61803

Name		Employee #	
1.	1. Name two ways to help avoid illnesses this winter:		
2.	2. True or False: Ice melt/salt is provided at every account. (circle one)		
	 3. Which of the following are patrons likely to track indoors on their shoes during the winter months, making building entrances and high traffic areas dangerous? a) Snow cones b) Ice cream c) Salt d) Sugar 		
4.	If you often walk on ice to/from the dumpster or from your manager	your car, request a pair of	

5. True or False: Blowing snow improves your visibility while

driving so you can increase your speed. (circle one)

6. This year's safety theme is:

a) Safety First

b) Super Safety

c) Bright Lights Big Safetyd) Spotlight on Safety