

ESS Clean, Inc
April 2013

Spotlight on Safety

Emergency Preparedness

Natural disasters, severe storms, fire, bloodborne pathogens and a variety of other dangers are present in our every day world, including our workplace. Have you ever thought about what you would do if one of these emergencies occurred while you were at work?

Tornadoes and Severe Thunderstorms

According to the National Weather Service, Illinois is ranked 5th in the U.S. for the most tornadoes and has more than 550 reports of wind damage and large hail, on average, every year from severe thunderstorms. A “watch” means severe weather is possible. A “warning” means severe weather has been sighted. It is important that you know where to seek shelter in your building. When the sirens sound, seek shelter immediately in one of these designated areas. Wait until the sirens have stopped sounding and the storm has passed before coming out. Take a look around and inspect for damage to the building or property after a strong storm. Check in with your supervisor following any weather event that requires you to take shelter.

Earthquakes

The Center for Disease Control and Prevention recommends that in the event of an earthquake, if you are inside, stay inside. Do not run outside or to other rooms during shaking. In most situations, you’ll reduce your chance of injury from falling objects if you immediately drop down onto your hands and knees, cover your head and neck (or your whole body if possible), and hold on to your shelter (or your head/neck) until the shaking stops. If there is no shelter nearby, get down near an interior wall or next to low-lying furniture that won’t fall on you, and cover your head and neck with your arms and hands. If you are outside, stay outside, and stay away from building utility wires, sinkholes, and fuel and gas lines. Check in with your manager following an earthquake.

Fires in the Workplace

The risk of a fire in the workplace is present year round. The risk becomes even greater in the colder months when many employees use space heaters to warm their offices. As an employee of ESS, you should be familiar with our safety rules and know what steps you can take to prevent fires (i.e., good housekeeping, routine maintenance, etc.). You should also be familiar with your building and know all of the evacuation routes to safely get out of the building. If you see a fire or if a fire alarm sounds while you are at work, call 9-1-1 and evacuate the building immediately. You need to wait until the fire department has cleared the building before re-entering.

Other Hazards

Other situations that could pose a potential hazard are human blood or bodily fluids and spilled chemicals. To clean up human blood or bodily fluids, contact your supervisor for a bloodborne pathogens spill kit. Do not attempt to clean up these materials without appropriate personal protective equipment. For chemical spills, consult the Material Safety Data Sheet. Hazardous chemicals should be cleaned up with a spill containment kit (contact your supervisor). Non-hazardous chemicals can generally be disposed of by flushing them down a sanitary drain. Contact your supervisor with any questions.

Way to go!
\$118 was donated
to the Develop-
mental Services
Center for 118
completed safety
quizzes in March!



**For every completed safety
quiz in April, ESS
will donate \$1 to the
Home Sweet Home Mission
located in Bloomington, IL.**

learn about Home Sweet Home at
www.hshministries.org

MARCH WINNERS

Adrienne Frazer
 Ophilia Gibson
 Sam Hewing
 Lynn Meek
 Michael Stalter

Each month, 5 winners get to choose a \$25 gift card to either a restaurant, gas station or Wal-mart, or choose certain ESS Apparel.

JACKPOT PRIZES

We will have 8 Jackpot winners this year!

Winners will get to choose from a list of prizes such as electronics, furniture, etc. worth \$400 - \$600!

CU Branch

1 Winner Each Quarter
 (includes Champaign/Urbana, Decatur/Springfield area)

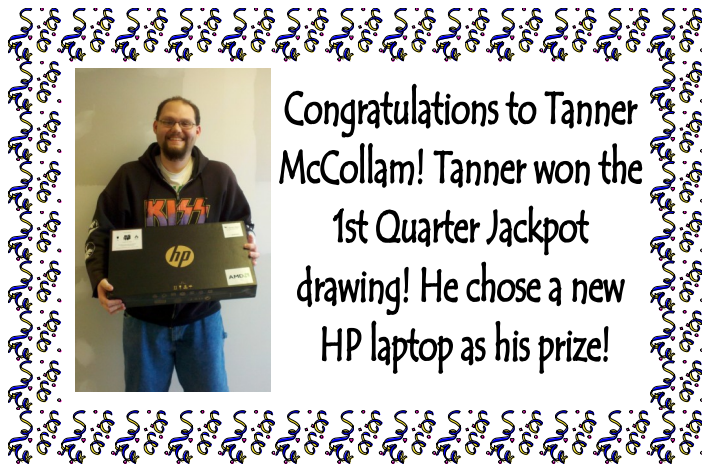
All 2nd quarter drawings will be held June 4th.

Effingham Branch

1 Winner for the 2nd and 4th Quarters
 (includes Effingham/Mattoon, Assumption and surrounding area)

Bloomington Branch

1 Winner for the 2nd and 4th Quarters
 (Bloomington/Normal and surrounding area)



Congratulations to Tanner McCollam! Tanner won the 1st Quarter Jackpot drawing! He chose a new HP laptop as his prize!

SAFETY QUIZ

HOW TO SUBMIT SAFETY QUIZZES:

OPTION 1

Complete online by following this link:

<http://essclean.com/page/safety-incentive>

OPTION 2

Bring it into the office or put in our outside drop box.

OPTION 3

Mail it in.

****DEADLINE****
04/30/13

ESS Clean, Inc.
 Attention: Anne
 P.O. Box 17067
 Urbana, IL 61803

Name _____ Employee # _____

1. What's the difference between a "watch" and a "warning" when it comes to severe weather? _____
2. True or False: In the event of an earthquake, if you are outside, you should run indoors. (circle one)
3. If the fire alarm sounds while you're at work, which of the following should you do?
 - a) consult the MSDS
 - b) stay where you are
 - c) call 9-1-1 and evacuate the building
 - d) ask for a spill containment kit
4. To clean up human blood or bodily fluids, contact your supervisor for a _____. Do not attempt to clean up these materials without appropriate _____.
5. True or False: You should check in with your supervisor following any weather event that requires you to take shelter. (circle one)
6. Which of the following will help with chemical spills?
 - a) the Material Safety Data Sheet
 - b) covering your head and neck
 - c) seeking shelter
 - d) none of the above