



Captain Safety

BECOME A SAFETY SUPERHERO!



Stanley Steel

March 2013

Personal Protective Equipment

Personal protective equipment, or PPE, refers to any type of clothing or equipment designed to increase personal safety by protecting employees from workplace injuries or illnesses. Examples include goggles, gloves and earplugs. Your exposure to a potentially harmful chemical or activity can be greatly reduced by using the PPE that ESS provides.

Safety Glasses

Safety glasses are available at all job sites. Employees are not required to wear safety glasses during their entire shift, but there are a few tasks that require them so they should be readily available at all job sites. If you are using the acid toilet bowl cleaner, you are required to wear safety glasses. This chemical causes blindness within eight seconds if it is accidentally splashed into your eyes, so preventing the possibility is key. Also wear safety glasses when: 1) changing light bulbs, 2) dusting ceiling vents, or 3) manually diluting any chemical with water.



Disposable Gloves

Disposable vinyl or nitrile gloves are provided to all employees. Again, employees are not required to wear gloves for the entirety of their shift but there are a few tasks that require them. You are required to wear gloves when cleaning restrooms. You are also required to change your gloves when you come out of a restroom to prevent cross-contamination. At medical facilities, you are required to wear them when handling biohazard wastes and when cleaning in treatment and exam rooms. In addition to these situations, some employees (especially those with sensitive skin) may wish to wear gloves when using our stronger cleaning chemicals like disinfectant.



Anti-vibration Gloves

Employees who operate heavy floor equipment such as buffers, scrubbers, or carpet machines are required to wear anti-vibration gloves while operating this equipment. Anti-vibration gloves are designed to dampen the vibration of the machine and reduce the risk of carpal tunnel.

Earplugs

Employees who work in factories are provided with earplugs. Wearing earplugs can help prevent damage to hearing. Exposure to high noise levels can cause irreversible hearing loss or impairment as well as physical and psychological stress. You should clean earplugs regularly and replace those you cannot clean.



Please contact your supervisor to request PPE or to replace any worn or damaged equipment.

How close are we to **\$5,000?**

Monthly Hero Awards

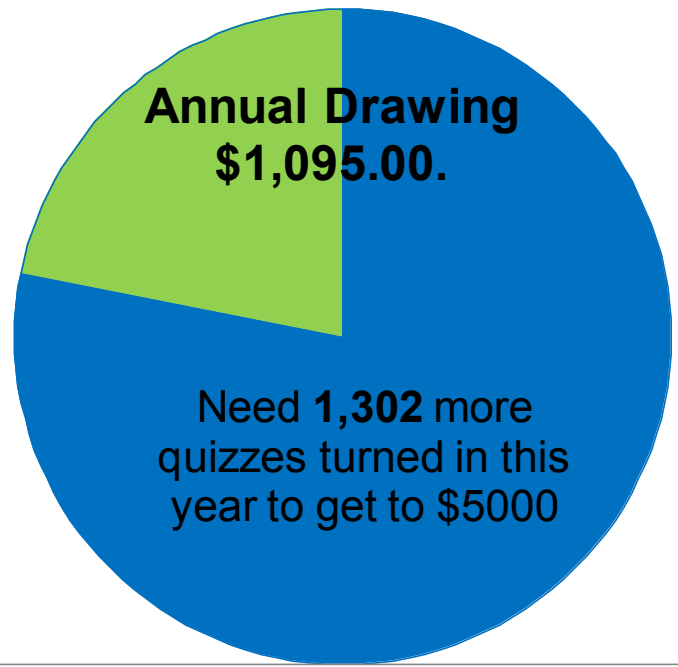
Chris McCathern

Erica Duvall

Bruce Prothe

Tom Mann

Andrea Buell



SAFETY QUIZ

HOW TO SUBMIT SAFETY QUIZZES:

OPTION 1

Complete online by following this link:

<http://essclean.com/page/safety-incentive>.

OPTION 2

Bring it into the office or put in our outside drop box.

OPTION 3

Mail it in.

ESS Clean, Inc.

Attention: Stephanie

P.O. Box 17067

Urbana, IL 61803

****DEADLINE****

03/31/14

Name _____ Employee # _____

1. Wearing _____ can help prevent damage to hearing.
2. True or False (circle one): Employees are required to wear safety glass throughout their entire shift.
3. When are you required to wear disposable gloves?
 - a) When cleaning restrooms
 - b) When mopping the floor
 - c) When handling biohazard wastes
 - d) Answers a and c
4. Why should you use PPE?

5. True or False (circle one): If you are using the acid toilet bowl cleaner, you are required to wear safety glasses and disposable gloves.
6. Wearing anti-vibration gloves is NOT required when using which of the following?
 - a) Buffers
 - b) Scrubbers
 - c) Backpack vacuum
 - d) Carpet machines