# INSIDER



Volume 21, Issue 1

### **Points from the President**

This October, ESS Clean celebrated 20 years in business. It has been a great 20 years, but not without trials, fears and failures. I would really like to see ESS succeed for another 20 years, so I am on a guest to understand and emulate the causes of success.

One of my favorite stories of success is marathon runner, John Stephen Akhwari. In 1968, Akhwari represented his country, Tanzania, in the Olympic marathon. Halfway through the race, he was knocked down and dislocated his knee. Akhwari continued to run and finished more than an hour after the first place finisher. When he was asked later, "Why did you keep running?", Akhwari said "My country did not send me 5,000 miles to start the race; they sent me 5,000 miles to finish the race."



Most people believe that success depends on natural ability and intelligence. However, I believe, and researcher, Angela Duckworth, has proven in her research, that one factor is more important than any other factor in determining success. This one factor is "Grit".

#### Grit

Definition: courage and resolve; strength of character.

synonyms: courage, bravery, pluck, mettle, backbone, spirit, strength of character, strength of will, moral fiber

It's easy to assume that skilled athletes, musicians, professors and businesspeople are born with talent, but it is not true. Deliberate practice, determination and perseverance are much more important than natural born talent.

For more information, google "Angela Duckworth Ted Talk" and watch the video.

Paul

October 2015

### **New Business**

ESS Continues to grow as a result of a great Team—a Team that does the dirty jobs day after day without complaint or excuse

Dillman Eye Care Associates – Danville

Osher Lifelong Learning Institute – Champaign

EnvirOx - Danville

Kahuna Payment Solutions – Bloomington

New Hope Church – Effingham MedSource, LLC Bloomington









Maverick would like to remind you the deadline for Safety Idea of the Year and Safety Video of the Year is October 31, 2015. We can't wait to see your entries! Winners receive \$1,000!!! See contest rules at:

www.essclean.com/safety-program/safety-incentive-programs

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## Employee of the Month



**June 2015 Mary Nuxoll Effingham** 



**July 2015 Taylor McCoy** Urbana



August 2015 Mike Bush **Urbana** 

### **Congratulations 2015 Third Quarter Honorable Mentions** for Employee of the Month!!!

**Denise Cornelius** Hannah Etchison **Denver Miller** Jessica Primer **Rex Roberts** 



Bill Schroeder **Cody Shepard Amanda Valentine Josh Weiscope Curt Worman** 

**5 Years** 

**David Francis** William Hurd

**Service Awards** 

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**10 Years** 

**James Barrett** 



### CONGRATULATIONS TO THE EMAIL CONTEST \$100 WALMART GIFTCARD WINNERS!!!!!



**TONYA ERVIN & TIFFANY BRADFIELD** Special thank you to everyone who updated your information!



As summer is coming to an end and fall is approaching, please keep an eye out for cobwebs. While dusting baseboards and vac-

uuming, please watch for cobwebs in corners and entrances. All corners, upper and lower, should be checked.

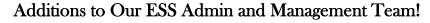
The backpack vacuum is a very helpful tool to remove cobwebs in entrances. Cobwebs can appear overnight and are very hard to see. Please use a flashlight if you have one available on site.

Dust is another issue that appears in the fall. Dust becomes plentiful when farmers start working in their fields.

Construction zones also create a lot of dust. Please remember to keep your vents dusted and be very thorough with your vacuuming. This will help keep dust down.

When the temperatures start dropping, sickness begins to spread. As you are cleaning, please keep in mind surfaces that are being touched regularly. Always use Triad while you are cleaning desktops and other surfaces. Please make sure the soap and hand sanitizer dispensers stay full. Some buildings may only be required to fill soap. Employees working in medical facilities should be extra aware while disinfecting surfaces.

### Brittany and Terry





Peggy joined the ESS Team in July of 2015 as the Bloomington Illinois Office Manager. Peggy comes to us with over 14years of Management experience in the Janitorial Industry. Throughout her career she has been directly involved in all aspects of the industry ranging from Office, Field to Safety management. In Peggy's spare time she enjoys spending time with her family. Her and her husband Josh have four boys that keep them pretty busy.



Sarah has been with ESS since November of 2014 and became a part-time Area Manager for the Effingham Branch in July, 2015. She came to ESS with previous management experience from the food and service industries. Sarah lives in rural Jasper County with her husband Marc. She has 2 sons, Maeson and Maddox (Max), along with 2 stepchildren, Elianna and Fletcher. Sarah enjoys spending time outdoors with her family, taking care of her animals, and gardening.



Jessica began working as a part time cleaner for ESS in 2014 and was promoted to Area Supervisor in 2015. She grew up in Pontiac, IL where she currently resides with her two children Logan and Tessa, her best friend Tom and their dog Jenks. She enjoys spending time with her kids, family and friends. Jessica likes to do anything outdoors, fishing, camping, and dirt track racing. She is proud to be a part of the ESS Clean Team.



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### ESS CLEAN WINS TWO AWARDS!

ESS Clean has won two BSCAI (Building Services Contractors Association International) awards; the BSCAI Mid-Size Company Image Award and the Arthur C. Barraclough Community Service Award. ESS will be donating the \$1,000 prize for the community service award to the Eastern Illinois Foodbank. Read more about this at www.essclean.com/news/pressreleases.

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