



Points from the President

A couple weeks ago, my family noticed that my patience was running low: I was quick to bark orders, and I wasn't myself. My wife called me a grouch. As I sat down to reflect on that day, I realized they were right, and I had to ask myself why I was acting this way. I realized it wasn't any one big problem or crisis. Instead, I had been running from one thing to another starting at 4:30 a.m. I did not take time to pray that morning, I ate lunch on the fly, and I had no margin that day to catch my breath.

Was I productive that day? Well.....I may have accomplished many tasks, but if I had a negative impact on others around me and made their day more difficult or unpleasant, then NO, it was not a productive day. My nature is to always strive for achievement and accomplishment. However, if I am honest with myself, I recognize that the only way for me to truly succeed is to have a positive impact on others.

Life throws stressors at us all day long. The phone is ringing, ads are blaring on the radio, and drivers are cutting us off on the road. But if we choose to adjust our attitude and set our self interest aside for a moment, we *can* stay calm and positive.

I recently had an opportunity to attend a seminar with Mark Coleman, an expert on mindfulness and meditation. Mark advocates taking 10 to 30 minutes each day to relax and clear your mind. I agree with Mark. I believe that taking a break during the day for a walk, a bike ride, a nap, or just to sit still is well worth the time it takes from our day. Our brains need a little time to relax. A recharge can make our day much more productive in the end.

Paul W. Taylor

We New Customers

As ESS continues to grow, we thank our team who works hard to make sure our customers are taken care of. During the last quarter, ESS added the following customers.

BLOOMINGTON

Cedar Lake Fellowship
Doran, Capodice, Efan &
Ocheltree

CHAMPAIGN

Intertek

DANVILLE

Genpact
Davita Dialysis

DECATUR

Bearing Distributors, Inc.

EFFINGHAM

HSBS Medical Office
Illinois Education Association
J & J Ventures
Jansen's Heating & Air

MT. ZION

Temmen Eye Care

RANTOUL

Charles Industries

Nature has not intended mankind to work from eight in the morning until midnight without that refreshment of blessed oblivion which, even if it only lasts twenty minutes, is sufficient to renew all the vital forces.

Winston Churchill

Churchill was the Prime Minister of the United Kingdom from 1940 to 1945 and again from 1951 to 1955.



Employee of the Month



July 2016
EDGAR TOLEDO



August 2016
GABE TIBBETS



September 2016
ILA PATEL



James Barrett
Lori Bernard
Andrea Buell
Bryan Durst
Sandra Early
Marca Hernandez
Dave Hollowell
Michael Jenkins
Tom Mann
Kevin Mette
Victoria Molzen
Charles Moore
Misty Morgan
Connie Ray
Michael Stocks

A Scary Story With a Happy Ending

At 10:09 p.m. on Thursday, September 1, Tracy Sowers received a call no Area Manager wants to get. Edgar Toledo called to report that the carbon monoxide alarm was going off in the DSC #4 building.

When he clocked in, the CO level was 97. (50 PPM is the maximum permissible exposure in the workplace according to OSHA.) It suddenly jumped to 117 and there was a bad odor, which is when Toledo called Sowers. She instructed him to set the alarm and get out of there.

At Midnight, Toledo call Sowers again to let her know he was back and cleaning the building. He had gone home and called the fire department. They arrived on the scene and determined a forklift had been left unplugged. Everyone was safe and the building got cleaned!

Jacob Shaw, Operations Manager, commended Toledo for his proactive response stating, "Wow, way to go Edgar! This is a great example of going beyond the call of duty!"

2016 Service Awards

10 YEARS

David Hollowell
Timothy Sommer

5 YEARS

Lorie Dixon
Lyle Dodson
Robin Payton
Bruce Prothe
Marvin Williams



CLEAN UP YOUR ACT!

COBWEBS, DUST & FLU SEASON

As summer comes to an end and fall approaches, please keep an eye out for cobwebs. While dusting baseboards and vacuuming, watch for cobwebs in corners and entrances. All corners, upper and lower, should be checked. The backpack vacuum is a very helpful tool to remove cobwebs in entrances. Cobwebs can appear overnight and are very hard to see. Use a flashlight if you have one available on site.

Dust is another issue that appears in the fall. Dust becomes plentiful when farmers start working in their fields. Construction zones also create a lot of dust. Please remember to keep your vents dusted and be very thorough with your vacuuming. This will help keep dust down.

When the temperatures start dropping, sickness begins to spread. As you are cleaning, keep in mind surfaces that are being touched regularly. Always use Triad while you are cleaning desktops and other surfaces, and make sure the soap and hand sanitizer dispensers stay full. Employees working in medical facilities should be extra aware while disinfecting surfaces.

Brittany Babbs



Aaron Cook of Decatur was the lucky winner of a 48" LED Smart HDTV TV. The TV raffle was for attendees of the ESS Annual Party & BBQ.

Safety Week cash prize winners were also announced. Congratulations!

Tamara Butler—\$1,500

Jeff Shepherd—\$750

Mary Warfel—\$250

New Phone Message Delivery System



The ESS phone messaging system will be changing soon. When you call to clock in or out, you will be prompted to listen to any message that has been left, and cannot proceed without listening to it. Once the new system goes into effect, any old messages that were saved or not listened to will be deleted. Don't worry, we only anticipate an average of two messages a month. But these messages do contain important information about the company and official notices that impact you.



Lost & Found

Lashawanda "Shay" Wright is one of ESS's newer employees, having started at Vista-Bell Sports on September 14. Within just a few weeks of working, Wright got to be the hero of someone's day. While cleaning, she found a wedding ring and turned it in. The ring's rightful owner, as you can imagine, was very appreciative.

Way to go, Shay!



HIGHLIGHTS from the ESS Annual Party & BBQ

GAMES



RIDES



FOOD, FAMILY, FRIENDS & FUN



Top, l to r: **Linda Williams'** granddaughter Emily; **William Schroeder**; **Ron LaVallie** and **Lorianne Bauer**; **Victoria Molzen's** husband Ryan with their granddaughter McKenzie. Middle, l to r: **Brittany Babbs'** son Tucker; **Eddie Walker**; **Jamella Green**. Bottom, l to r: the crowd feasts on hamburgers and brats; **Gabe Tibbets** and his wife Erica; **Aquilla Hall** and Linda Williams. Visit us on [!\[\]\(b4eeff342f60cc7bcd67d869b4fedca2_img.jpg\)](#) to view more photos!