



DON'T *Gamble* WITH YOUR SAFETY!!

2018 Safety Program

SAFETY CONTEST WINNERS

Congratulations

\$50 Raffle Winners!

All participants in the Safety Program get a chance to win a \$50 Walmart card

3rd Quarter Winners:

Bloomington: Marvin Williams

Effingham: Nichole Kelly

Urb/Dec: Everland Sanders

Wild/EFF: Tiffany Bergbower

Last Chance for 2018!

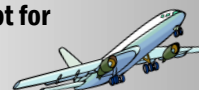
You can earn an entry by completing your quarterly safety quiz and if you want to “Up the Ante” you can get an additional entry by submitting a qualifying safety share. The Annual Grand Prize will be drawn at the Company Party, Sunday, December 9th. Each quarter four \$50 Walmart gift cards are drawn for completing the quiz and one \$50 Walmart gift card for Manager’s Choice of winning Safety Share submitted.



Let's go ALL IN and Win!

This Years Grand Prize

You and a lucky guest will be leaving on a jet plane and land in the famed resort city, Las Vegas. It's known for its vibrant nightlife centered on 24-hour casinos. It's Main Street and focal point is the Strip, just over 4 miles long. This boulevard is home to themed hotels with elaborate displays such as fountains synchronized to music as well as replicas of an Egyptian pyramid, the Venetian Grand Canal and the Eiffel Tower. It is also home to the beautiful Red Rock Canyon National Conservation Area only a few miles to your west. It encompasses 195,819 acres within the Mojave Desert where you can hike, rock climb, horseback ride, or if you opt to you can follow the 13-mile scenic car route through the desert. (Winner may opt for \$1,000 prize instead of trip.)



3rd Quarter

Safety Share Winner:

Robert Spencer—Effingham

Remember you are not just there to clean for ESS, you are a representative of ESS. We talk about being safe but it is just as important to report issues that you find that could effect our customers. I have reported ripped carpet, equipment being left on and even the safe being left open. It is as much my duty to protect the account I service as it is their own staff. Recently, I had to call the account manager to let her know I had to talk to a customer of theirs when something was not shut down properly. I was able to turn him from being angry to laughing before he left.

Winter Weather Safety

The winter season is upon us! During this time of year, the weather can pose many safety risks, both at home & in the workplace.

1 Be Prepared: Stay informed by watching the local weather. Know what type of environmental conditions to expect like “freezing rain, sleet, snow, ice or below freezing temps”!



Safety Tip:

Get severe weather alerts on your cell phone from the weather channel.



2 Watch Wet Floors: Unfortunately, the outdoors does not always stay outside. Pay extra attention to entrances & high traffic areas in your building during the winter months. Patrons will bring snow, ice and even the salt in on their shoes which creates puddles, wet & slick floors. This can be dangerous.



3 Avoiding Illness: Cold weather is also a time for common illnesses such as the common cold and influenza. To safeguard against these air-borne pathogens, there are a few simple rules to follow:

- Wash your hands frequently
- Avoid touching your face
- Disinfect surfaces regularly
- Boost your immune system with a healthy diet and regular exercise.



4 Winter Driving Safety Whether you drive a company vehicle or not, please keep in mind that winter weather causes many unsafe driving conditions. Allow extra time to get to and from work. Icy or snow covered roads & impaired visibility from blowing snow will affect the speed you can go. Drive defensively so you can avoid an accident when another driver loses control.



5 Ice/Snow on Walkways: Ice and snow on sidewalks & walkways is common during the winter months. To avoid slipping on ice, sprinkle ice melt/salt (provided at every account) on sidewalks &/or any path you commonly take to & from your car and near the dumpsters. *If your account does not have ice melt – let your manager know asap!

Did you Know?

ESS provides personal protective equipment on request at no cost to the employee. If you need a pair of ice cleats for hauling wastes to the dumpster, contact the office, 217-337-6701.



6 Dressing for the Cold It is especially important to dress for weather conditions during the winter months. For maximum protection and comfortability, both indoors and out; dress in layers. For outerwear, select a high quality coat that has a nylon outer layer to break the wind and a wool or synthetic inner layer to provide insulation. In addition to a coat, invest in a hat, gloves and boots.

Don't Gamble with Slips, Trips and Falls

Stand up for Safety

- ♥ Keep floors and stairs clean and clear of equipment and materials.
- ♠ Maintain good lighting both indoors and out
- ♦ Secure electrical and phone cords out of traffic areas
- ♣ Use nonskid throw rugs in potentially slippery places like bathrooms
- ♥ Always put out "Caution: Wet Floor" signs when mopping floors
- ♠ Arrange furniture to provide open pathways to walk through
- ♦ Periodically check the condition of outdoor walkways and steps and repair as necessary
- ♣ Install handrails on stairways, including porches
- ♥ Clean all spills immediately
- ♠ Remove fallen leaves or snow from outdoor walkways
- ♦ Never stand on a chair, table or surface on wheels
- ♣ Be aware that alcohol or other drugs, including prescription and over-the-counter medications, can affect your balance and increase risk of falling
- ♥ When not in use, tools and other equipment should be kept in proper storage places—if you need to leave your barrel, cart, or mop bucket temporarily, put it against a wall. Do not leave it in a blind corner, as someone could come around the corner, not see the equipment, and trip over it.
- ♠ Never leave mop handle sticking out of a mop bucket away from the wall where someone could walk into it and get hurt; lean it against the wall.
- ♦ In icy conditions, spread ice melt and wear ice cleats (available to all team members) when walking on ice. When walkways freeze, walk safely please.
- ♣ Use a sturdy step stool when climbing or reaching for high places
- ♥ Wear sensible footwear

"If you don't want to bet your life, don't *Gamble* with safety."



When you *Gamble* with Safety You Bet your Life *Safety* - It's in Your Hands



Four ways to submit: **1.** Go to the www.essclean.com and go to Safety Program then at the bottom of the left column of Safety Newsletters is a button for the 2018 Spring Safety Quiz that can be completed online. **2.** Email the answers or take a photo of the completed form below and email to Safety@essclean.com. Please include your name, employee number and Area Manager's name in the email. **3.** Bring it to the office or put it in the outside drop box. **4.** Mail it to ESS Clean, Inc. • Attn: Safety • PO Box 17067 • Urbana, IL 61803.

Send submissions no later than Wednesday, November 28th, 2018.

SAFETY QUIZ

Complete and submit the Safety Quiz below by the deadline to win one of four \$50 Walmart gift cards.

Name: _____

Employee #: _____ Area Manager: _____

1. True or False. Washing your hands frequently can help reduce the common illnesses such as the common cold and influenza?
2. What should you do with your tools and equipment when not in use?
 - A. Keep it in proper storage closet.
 - B. Leave it out, you never know when you will need it.
 - C. Put it against a wall .
 - D. All of the Above
 - E. Both A and C
3. Which of the following tips will help reduce slips, trips and falls?
 - A. Maintain good lighting both indoor and outdoors.
 - B. Secure electrical and phone cords out of traffic areas.
 - C. Use nonskid throw rugs in potentially slippery places.
 - D. Remove fallen leaves or snow from outdoor walkways
 - E. Keep floors and stairs clean and clear of equipment.
 - F. All of the Above.
 - G. None of the Above.
4. True or False. Stay informed by watching local weather. Know what type of conditions to expect like "freezing rain, sleet, snow, ice or below freezing temperatures".
5. In the Winter Months NEVER do this?
 - A. Pay extra attention to entrances & high traffic areas.
 - B. Disinfect surfaces regularly.
 - C. Don't over dress, less is best.
 - D. Sprinkle ice melt/salt to avoid slipping on ice.
 - E. All of the Above.



SAFETY SHARE

Submit a SAFETY SHARE by the deadline for the chance to win the Manager's Choice Award, a \$50 Walmart gift card.

- New information you learned in this newsletter and how you implemented it on the job;
- A potentially unsafe act you witnessed or experienced and how you corrected it; or
- Suggest a way ESS might improve procedures or training on safety issues.

Name: _____

Employee #: _____

Area Manager: _____