

3rd Quarter 2021



SAFETY IS KEY to Accident Free!

Welcome to the  2021 Safety Program

2nd Quarter 2021

Safety Raffle Winners!

*All participants in the Safety Program get
a chance to win a \$50 Walmart gift card*

Bloomington: Lisa Bernauer

Effingham: Delores Stewart

Urbana: Kevin Wells



DEC/INDY: Kodi Kidd INDY

2nd Quarter 2021

**Safety Share Award goes
to.....**

Michelle Potts BLM



Heavy trash days, turn your bags inside out. The seam on the outside now becomes the inside, reinforcing the bag. Garbage bags are made inside out so they can be sold by the roll. Makes a difference. Your welcome.



T-Shirt Design

Contest Winner:

Kaylee Dhom EFF



Winning T-shirt Design



Safety Week 2021 Winners



Our two winners for
\$250 are....
Steve Jacobs—INDY
Emily Gucciardo—BLM



Safety is Key to Accident Free!

Slips, trips and falls

Second only to automobile deaths, slips, trips and falls cause 15% of accidental deaths according to OSHA.



Always use proper caution signs



Wear footwear with good traction



Keep work areas properly lit.



Avoiding obstructions, such as cords, along walkways and entrances

Never stand on a chair, table or surface on wheels. Always use a sturdy step stool when climbing or reaching for high places.



Practice Good Housekeeping. Disorganized work areas are the breeding grounds for accidents. You may not be the only victim. Don't be a cause!



Be a Positive Part of the Safety Team Willingly accept and follow safety rules. Encourage others to do so. Your attitude can play a major role in the prevention of accidents and injuries.

Emergency Preparedness

Tornadoes & Severe Thunderstorms

A **"WATCH"** means severe weather is possible. A **"WARNING"** will be accompanied by sirens in case of a tornado. This means severe weather has been sighted, and you should take shelter immediately.

Find an underground area, such as a basement or storm cellar. If not available, find a small interior room or hallway on the lowest floor possible. Stay in the center of the room, and avoid corners because they attract debris.

AVOID auditoriums, cafeterias and gymnasiums that have flat, wide-span roofs.

AFTER, take a look around and inspect for damage to the building or property. Check in with your supervisor following any weather event that requires you to take shelter.

Fires in the Workplace

Good housekeeping, and routine equipment maintenance are important preventative measures. Additionally, you should be careful to keep flammable liquids in their proper closed containers, and away from ignition sources.

In case of a fire, you should familiarize yourself with all the evacuation routes from your building. If you are ever at work and see a fire or the alarm sounds, call 9-1-1 and evacuate immediately.

DO NOT attempt to put the fire out yourself. You need to wait until the fire department has cleared the building before re-entering.



PERSONAL PROTECTIVE EQUIPMENT

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Personal protective equipment (PPE) refers to any type of clothing or equipment designed to increase personal safety by protecting employees from workplace injuries or illnesses, e.g., goggles, gloves, earplugs. To greatly reduce your exposure to a potentially harmful chemical or activity, use the PPE provided by ESS Clean.



SAFETY GLASSES

Safety glasses are available at all job sites. Employees are not required to wear safety glasses during their entire shift, but there are a few tasks that require them so they should be readily available at all job sites. ***If you are using the acid toilet bowl cleaner, you are required to wear safety glasses.*** This chemical causes blindness within eight seconds if it is accidentally splashed into your eyes, so preventing the possibility is key. Also wear safety glasses when (1) changing light bulbs, (2) dusting ceiling vents or (3) manually diluting any chemical with water.



DISPOSABLE GLOVES

Disposable vinyl or nitrile gloves are provided to all employees. Again, employees are not required to wear gloves for the entirety of their shift but there are a few tasks that require them. (1) You are required to wear gloves when cleaning restrooms. (2) You are also required to change your gloves when you come out of a restroom to prevent cross-contamination. (3) At medical facilities, you are required to wear them when handling biohazard wastes and when cleaning in treatment and exam rooms. In addition to these situations, some employees (especially those with sensitive skin) may wish to wear gloves when using our stronger cleaning chemicals like disinfectant.



ANTI-VIBRATION GLOVES

Employees who operate heavy floor equipment such as buffers, scrubbers or carpet machines are required to wear anti-vibration gloves while operating this equipment. Anti-vibration gloves are designed to dampen the vibration of the machine and reduce the risk of carpal tunnel.

EARPLUGS

Employees who work in factories are provided with earplugs. Wearing earplugs can help prevent damage to hearing. Exposure to high noise levels can cause irreversible hearing loss or impairment as well as physical and psychological stress. You should clean earplugs regularly and replace those you cannot clean.

Please contact your supervisor to request PPE or to replace any worn or damaged PPE.

Why is cleaning important?

- *Three-quarters of all bathroom handles are considered to be chief transmitters of diseases.*
- *15% of males and 7% of females **DO NOT** wash their hands after using the toilet (which may explain the above point).*
- *Sick days in the office could be reduced by almost a third if all touch-points were disinfected properly every day. **WHAT YOU DO MAKES A DIFFERENCE IN THE LIVES OF OTHERS!***



2021 Safety Program: Safety is Key to Accident Free!



Four ways to submit: **1.** Go to the www.essclean.com and go to Safety Program then at the bottom of the left column of Safety Newsletters is a button for the 2021 3rd Quarter Safety Quiz that can be completed online. **2.** Email the answers or take a photo of the completed form below and email to Safety@essclean.com. Please include your name, employee number and Area Manager's name in the email. **3.** Bring it to the office or put it in the outside drop box. **4.** Mail it to ESS Clean, Inc. Attn: Safety • PO Box 17067 • Urbana, IL 61803.

Send submissions no later than Wednesday, August 4th before midnight!

Safety Quiz

Complete and submit the Safety Quiz below by the deadline to win one of four \$50 Walmart gift cards.

Name: _____

Employee #: _____ Area Manager: _____

1. True or False. What you do at ESS Clean is important because you help to reduce the spread of disease and improve the lives of others.
2. Which of these are keys to preventing slips, trips and falls?
 - A. Never stand on a chair, table or surface o wheels.
 - B. Always use a sturdy step stool when climbing or reaching for high places.
 - C. Wear footwear with good traction.
 - D. Avoiding obstructions, such as cords, along walkways and entrances.
 - E. Always use wet floor signs.
 - F. None of the Above.
 - G. All of the Above.
3. How do you handle Tornadoes & Severe Thunderstorms?
 - A. In a "WARNING" take cover.
 - B. Avoid auditoriums, cafeterias & gymnasiums
 - C. Keep working, we always get the job done.
 - D. Check in with your supervisor following any weather event that requires you to take shelter.
 - E. All of the above.
 - F. A, B, and D
4. True or False. If you are ever at work and see a fire or the alarm sounds, call 911 and evacuate immediately.
5. Name a PPE (Personal Protective Equipment) you use daily?

(write your answer)

Safety Share

Submit a SAFETY SHARE by the deadline for the chance to win the Manager's Choice Award, a \$50 Walmart gift card.

- New information you learned in this newsletter and how you implemented it on the job;
- A potentially unsafe act you witnessed or experienced and how you corrected it; or
- Suggest a way ESS might improve procedures or training on safety issues.

Name: _____

Employee #: _____

Area Manager: _____