

Better **SAFE** than **SORRY!**



Welcome to the



2022 Safety Program

At ESS Clean, we are always in the pursuit of Safety! Maverick will be giving you tips to make sure you avoid allowing obstacles to slide, switch, and bump you from your safe return home!



Your first **SORRY! Card** gives you the following instructions: **Read your Quarterly Safety Newsletter and complete the Quiz and for an extra entry, send in a Safety Share.**

Maverick will be giving the Area Managers **ESS Clean Sorry Cards** to award employees caught **"Playing it Safe"**. These will earn employees additional entries for the Annual Grand Prize drawing in December.



2022 Safety Week

This year's Safety week is in **June**.

Safety week participants will be entered into The Safety Week Grand Prize drawing of two \$250 winners.



Be **SAFE** not **SORRY!**



The Safety Newsletter!

This is distributed quarterly by email and contains articles and tips for safety in the workplace. There is a safety quiz along with instructions on how to submit the quiz and entries for the quarterly raffle drawings and compete in the Safety Share contest.



\$50 Raffle prizes!

Safety quiz participants will be entered into a raffle to win a \$50 Walmart gift card. Four will be awarded each quarter.



\$50 Manager's Choice Award!

Each Quarter a \$50 Walmart gift card will be awarded to the best Safety Share submitted.

GRAND PRIZE 2022 2-\$500 Prize Winners

All participants will earn entries into a raffle to win one of two \$500 cash prizes. You can earn a total of eight entries during the 2022 Safety Program. You can earn an entry by completing the quarterly quiz and also an additional entry for a qualifying safety share. If you are caught **"Playing it Safe"** you could earn extra entries! The Annual Grand Prize drawing will be in drawn in December.

“Play it SAFE”

not SORRY!

Please help congratulate our 4th Quarter Safety Winners!

4th Quarter 2021 Safety Raffle Winners!

All participants in the Safety Program get a chance to win a \$50 Walmart gift card

Bloomington: Ibrahim El-Helo

Effingham: Delores Stewart

Urbana: Jason Smock

DEC/INDY: Mariah Frost

WILD CARD: Lori Edwards

4th Quarter 2021 Safety Share Award goes to.....

Jason Smock

For our winter fleet vehicles make sure wiper blades are replaced, that washer fluid is rated for winter conditions and that the tires are in good condition to have proper traction for winter.

ANNUAL SAFETY WINNERS 2021

2- \$500 Winners

Teresa Williams

and

Danielle Colclasure (not pictured)



Teresa Williams with Effingham's Operations Manager Sarah Dhom.

Why is cleaning important?

- ♦ *Doorknobs contain a lot of germs as people do not wash their hands properly. Regularly, clean your doorknobs with sanitizer or wipes to keep those germs from multiplying.*
- ♦ *Whenever you flush your toilet, “toilet plumes” or small waste particles get sprayed into the air, which you can inhale or can attach themselves to your toothbrush. Starting today, make it a habit to close the lid before flushing the toilet.*
- ♦ *An office phone contains about 25,000 germs per square inch. But there’s no need to panic. All you have to do is give your office phone a quick wipe with a disinfecting wipe daily.*



WHAT YOU DO MAKES A DIFFERENCE IN THE LIVES OF OTHERS!

“Trash Removal Safety is no Game”

Collecting trash can present hazards if you are not careful. Please keep the following tips in mind as you go through your building or area collecting trash:



- 🗑️ **Don't** press down on trash with hands or feet. You don't know what objects are in the trash.
- 🗑️ **Do** lift carefully! Get a good grip on the bag. Make sure your hands are dry before lifting. If the bag is heavy, get help before lifting.
- 🗑️ **Don't** swing filled trash bags on your back! This can cause back injury, may puncture the bag, and may cause trash to spill onto the floor.
- 🗑️ **Do** handle with care. After removing a bag inspect it for protrusions and holes. Avoid bumping your body against a filled trash bag during removal and disposal.
- 🗑️ **Don't** block doorways, elevators, stairwells or access to safety and emergency equipment, such as fire alarms and extinguishers, with trash bags.
- 🗑️ **Do** place a piece of cardboard down if you need to place trash bags inside a building before taking them to a dumpster. This will help to protect the floor from any leakage.
- 🗑️ **NEVER** try to toss the trash in the dumpster while holding the lid open.
- 🗑️ **ALWAYS** place the bag on the ground close to the dumpster, open the dumpster, and pick up the bag with both hands to place in the dumpster.



ESS's policy on trash removal is to only throw away trash that is already in a waste can or that is marked as trash. (It can be marked "Trash", "Please Discard" or something similar.) If a box or other items are near a trash can (or even on top of a trash can) and are not labeled as trash, do not throw them away.

“If in Doubt DON'T throw out!

2022 Safety Program: Better Safe than Sorry!



Safety Procedures

Work Safety

Four ways to submit: **1.** Go to the www.essclean.com and go to Safety Program then at the bottom of the left column of Safety Newsletters is a button for the 2022 1st Quarter Safety Quiz that can be completed online. **2.** Email the answers or take a photo of the completed form below and email to Safety@essclean.com. Please include your name, employee number and Area Manager's name in the email. **3.** Bring it to the office or put it in the outside drop box. **4.** Mail it to ESS Clean, Inc. Attn:

Send submissions no later than Thursday, March 17th before midnight!

Safety Quiz

Complete and submit the Safety Quiz below by the deadline to win one of four \$50 Walmart gift cards.

Name: _____

Employee #: _____ Area Manager: _____

1. True or False. Never try to toss the trash in the dumpster while holding the lid open.
2. Which of the statements are true about Trash Removal Safety?
 - A. Place your trash near doorways for easy access.
 - B. Don't press down on trash with your hands or feet.
 - C. Swing your filled trash bags on your back to carry to dumpster.
 - D. Check your bag for punctures and avoid bumping your body.
 - E. A & C
 - F. B & D
 - G. All of the above.
3. Which of these statements are true about the 2022 Safety Program?
 - A. Read your Safety Newsletter and complete on-line quiz.
 - B. Earn an extra entry by completing a Safety Share.
 - C. You can earn a total of 8 entries by the end of the year if you do all four quarter on-line quizzes and do a safety share each time.
 - D. All of the above
 - E. None of the above
4. True or False. Whenever you flush your toilet small waste particles get sprayed into the air; so make it a habit to close the lid before you flush.
5. Which of these statements are true on ESS's policy on trash removal?
 - A. Only throw away trash that is already in waste can.
 - B. Only throw away trash that has been marked "Trash" or "Please Discard"
 - C. If a box or other items are near a trash can or even on top of the trash can and are not labeled trash, DO NOT throw them away.
 - D. All of the Above.

Safety Share

Submit a SAFETY SHARE by the deadline for the chance to win the Manager's Choice Award, a \$50 Walmart gift card.

- New information you learned in this newsletter and how you implemented it on the job;
- A potentially unsafe act you witnessed or experienced and how you corrected it; or
- Suggest a way ESS might improve procedures or training on safety issues.

Name: _____

Employee #: _____

Area Manager: _____