



2023

**Safety Program
Safety Week**

2023 SAFETY WEEK

At ESS Clean our Mission is to “Create Clean, Safe and Healthy Workplaces for our Clients and Growth Opportunities for our Team”

Please review the following Safety topics and then complete the quiz.

Your participation is mandatory.

ACCIDENT PREVENTION IS MY #1 INTENTION



WET FLOOR SIGNS

Always use a wet floor sign when the floor is wet.

This may be when you are mopping or it may be when you discover water on the floor. One example of this would be water splattered on the floor from a water fountain. Some employees think if they are in the building alone, a wet floor sign is not necessary. This is not true. You never know when someone may have to come back into the building or perhaps you didn't notice someone working late.

Remember, Accident Prevention is my #1 Intention!

BLOODBORNE PATHOGENS

Bloodborne pathogens are microorganisms in body fluids that can cause the spread of disease. It's important to take the proper safety precautions.

- *Emptying trash: do not put your hands inside the trash can*
- *Cleaning restrooms: use protective gloves and goggles*
 - *Cleaning blood spills: use protective equipment*
- *Helping an injured co-worker: use protective equipment*
- *Accident/broken glass: use broom, bring trash container to site, use gloves and goggles*



REPORTING INJURIES ON TIME

At ESS Clean your safety is extremely important to us. We never want you to hurt yourself or someone else on the job. If you are ever injured on the job, report it to your manager immediately.

Even if you don't think it serious enough to be seen by a doctor, we still need you to report it immediately so we can collect the facts and details.

If you see anyone hurt themselves on your cleaning (ex. Someone slips on a wet floor or trips over your vacuum cord) always report it, no matter how small.

BEATING SUMMER HEAT

- Electrolytes: Frequent snacks should provide enough salt to replenish electrolytes, but if you can't eat regularly, sports drinks can help.*
- Fluids: In order to avoid dehydration, your body needs about a cup of water every 15-20 minutes in the heat.*
- Rest: In high temperatures, your body needs time to recover in a shaded or air-conditioned area. Take as many breaks in a cool location as possible.*

PLEASE NOTE: Participation in the Safety Week Quiz is MANDATORY, so don't delay!
The 2023 Safety Week Quiz must be completed before midnight on Sunday, July 30th.

2023 Safety Week Quiz

Name: _____

Employee #: _____ Area Manager: _____

- Pushing your trash down with your hands is always a good idea!
A). True B). False
- If water spills from a drinking fountain, it's not important to put up your wet floor signs.
A). True B). False
- Your body needs about a cup of water every 15-20 minutes in the heat.
A). True B). False
- Always report any accident immediately to your manager.
A). True B). False
- Always use protective gloves and goggles when cleaning restrooms.
A). True B). False