



2023  
Safety Program  
4th Quarter

DID YOU KNOW?

According to the National Weather Service, 70% of injuries during winter storms are the result of a vehicle accident. Make sure you are allowing more time when traveling, and are taking extra care on slippery roads. 25% of injuries during winter storms result from being caught out in the storm. Always carry extra clothing/blankets in your vehicle and make sure your phone is fully charged in case you need to call for help.



2024 SAFETY PROGRAM

At ESS Clean, your safety is always our #1 priority.

As 2023 begins to come to an end, we are working to finalize our new 2024 Safety Program.

Stay tuned for information on Safety Week 2024, and other prizes and activities to come during the 2024 Safety Program!



**The Safety Newsletter!** This is distributed quarterly by email and text and contains articles and tips for safety in the workplace. There is a safety quiz along with instructions on how to submit the quiz and entries for the quarterly raffle drawings and compete in the Safety Share contest.

**\$50 Raffle prizes!** Safety quiz participants will be entered into a raffle to win a \$50 Walmart gift card. Five will be awarded each quarter.

**\$50 Manager's Choice Award!** Each Quarter a \$50 Walmart gift card will be awarded to the best Safety Share submitted.

**Area Manager Safety Success Bonus!** Any Area Manager who has 80% or higher participation from their employees in the quarterly safety quiz will receive \$100.

## Please help us congratulate our 3rd Quarter 2023 Safety Winners!

### *3rd Quarter 2023 Safety Raffle Winners!*

*All participants in the Safety Program get a  
chance to win a \$50 Walmart gift card*

**Bloomington: Erik Gottshall**

**Effingham: Amanda Campione**

**Urbana: Sue Anne Smith**

**Decatur: Clara Richardson**

**Indianapolis: Dustin Frost**

### *3rd Quarter 2023 Safety Share Award goes to.....*

#### **Michael Walk**

I find it helpful to scan the floor for any objects that the vacuum can't pick up (large paper clips, for example) and I pick them up by hand \*before\* strapping on the vacuum cleaner. Bending down to pick things up with the vacuum strapped on means there's a greater chance of bumping into something.

## *Procedure for Reporting an Accident*

All accidents, no matter how small, must be promptly reported to ESS management. Some accidents may be very minor and require only a band-aid. Others will be more severe and may require emergency medical treatment.

Your safety is of the highest priority.

- In the event of a severe injury or medical emergency, CALL 911 FIRST and get the medical treatment that you need.
- If the injury is not severe and/or you are able, you must complete the accident report form (located in the job book)
- Notify your supervisor, and cooperate with the accident investigation that will be conducted by ESS management.
- ALL Managers must report any unsafe activity to their Branch Manager and HR immediately.

**SAFETY FIRST**  
**REPORT ALL**  
**ACCIDENTS**

# Parking Lot Safety

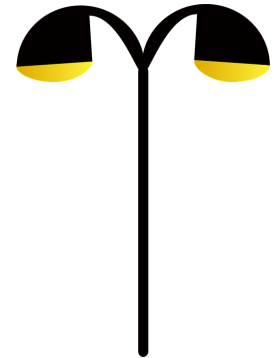
**It's getting darker earlier in our shifts, so please always be alert to your surroundings. Trust your instincts and know where you can go for safety and how to call for help!**



**Be Alert! Do not wear headphones or be distracted by a cell phone conversation.**



**Always park near your building in a highly visible and well-lit area. Avoid rear or secluded exits.**



**Make sure that all outside lights are working.**



**Keep your valuables, including your purses & recent purchases, out of sight. Always lock them in the trunk if you have to leave them in the car.**



**Do not park next to large vans, trucks or other vehicles as they will block your sight.**



**NEVER engage with any stranger in the parking lot. Do not talk to them. Go back into the building immediately.**



**Have a sturdy flashlight to light your path or can be used for self-defense. Carry a whistle or other personal alarm.**



**Always have your car keys and building keys in your hand, ready to unlock your vehicle or building.**

***Always, always, always report suspicious behavior in the parking lot— if you are suspicious, walk away. Go to a safe place and call for help.***

# 2023 Safety Program: Accident Prevention Is My #1 Intention



Four ways to submit: **1.** Go to the [www.essclean.com](http://www.essclean.com) and go to Safety Program then at the bottom of the left column of Safety Newsletters is a button for the 2023 4th Quarter Safety Quiz that can be completed online. **2.** Email the answers or take a photo of the completed form below and email to [Safety@essclean.com](mailto:Safety@essclean.com). Please include your name, employee number and Area Manager's name in the email. **3.** Bring it to the office or put it in the outside drop box. **4.** Mail it to ESS Clean, Inc. Attn: Safety; PO Box 17067 Urbana, IL 61803.

***Send submissions no later than Tuesday, November 28th before midnight!***

## SAFETY QUIZ

Complete and submit the Safety Quiz below by the deadline to win one of four \$50 Walmart gift cards.

Name: \_\_\_\_\_

Employee #: \_\_\_\_\_ Area Manager: \_\_\_\_\_

1. True or False. 70% of injuries during winter storms are the result of a vehicle accident.
2. Which of these statements are true about reporting an accident?
  - A. All accidents, no matter how small, must be promptly reported to ESS management.
  - B. If the injury is not severe/or you are able, you must complete the accident report form.
  - C. Notify your supervisor.
  - D. All of the above
  - E. None of the above
3. True or False. Never engage with a stranger in the parking lot. Do not talk to them. Go back into the building immediately.
4. True or False. In the event of a severe injury or medical emergency, call 911 first and get the medical treatment that you need.

## SAFETY SHARE

Submit a SAFETY SHARE by the deadline for the chance to win the Manager's Choice Award, a \$50 Walmart gift card.

- New information you learned in this newsletter and how you implemented it on the job;
- A potentially unsafe act you witnessed or experienced and how you corrected it; or
- Suggest a way ESS might improve procedures or training on safety issues.

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Name: \_\_\_\_\_

Employee #: \_\_\_\_\_

Area Manager: \_\_\_\_\_